

Part escorted

Explore the Hanseatic delights of Bergen; discover Oslo with its extraordinary Vigeland sculpture park; cruise on the world's longest fjord and through Western Norway's archipelago; stop off at old working farms for a glimpse of Norwegian life and take in the extraordinary Flåm mountain railway.

A highlight of this arrangement is a trip along the Fjaerlandsfjord, which leeches off the Sognefjord and at whose head is the Jostedalbreen glacier, the longest glacier in Continental Europe. Apart from their sheer awesomeness glaciers are visible barometers of climate change with the finger glaciers behaving individually and idiosyncratically: Nigardsbreen is virtually unaffected whilst other glacier arms are melting away. The Norwegian Glacier Museum is a superb example of what a museum should be with a multi screen film presentation of the glacier filmed from a helicopter and exhibits showing a glacier to be much more than a blob of ice.



IMAGES OF NORWAY

DAY 1 UK- BERGEN Scheduled SAS flight from UK to Bergen , self transfer and overnight at Hotel Rica for 2 nights.

DAY 2 BERGEN Day at leisure. Sitting in the embrace of its seven mountains and latticed by fjords, this charming Hanseatic harbour town is a delight. Bryggen, the medieval quayside and Troidhaugen, Edvard Grieg's home, are probably Bergen's best known attractions. The view from the top of Mount Floyen is truly breathtaking.

DAY 3 BERGEN-BALESTRAND By high speed ferry out and along the skerry littered coastline before turning into the Sognefjord and disembarking at the village of Balestrand. Hotel bus transfer to Midtnes Pension. Dinner at Hotel.

DAY 4 JOSTEDALSREEN GLACIER By ferry along The Fjaerlandsfjord to the head of the fjord and a short bus ride to the Glacier Museum for a self-tutorial on glaciers including their relevance as barometers of climate change.

Thereafter a choice of glacier excursions (payable locally) before returning to Balestrand. Dinner at the hotel.

DAY 5 BALESTRAND-FLAM By ferry to Flam on the opposite side of the Sognefjord and check in at Hotel Freheim. Afternoon at leisure before early evening excursion along the Aurland and Naeroyfjord with stops where seals, porpoises and eagles are known to breed as well as Undredal whose goat population (500) exceeds its human one (85). Dinner at hotel.

DAY 6 - FLAM-OSLO Ride up the awe inspiring Flam valley on the mountain railway with its vertiginous 1 in 18 gradient and at Myrdal board the Bergensbanen for a journey across the 'Roof of Norway' to Oslo. Overnight at Hotel Victoria.

DAY 7 OSLO-UK Morning at leisure before SAS return flight to UK.



DEPARTURE DATES

June - August

Prices in £ per person

IMAGES OF NORWAY		SA5901
DEPARTURES	TWIN	SINGLE
ALL	1195	1350

Prices include scheduled SAS flights from Heathrow, Stansted or Aberdeen to Norway
 • Airport departure taxes and passenger service charges
 • Hotel accommodation in twin room with private WC/shower
 • Breakfasts throughout
 • All internal rail travel (2nd class) according to itinerary
 • Cruise from Bergen to Flåm with shore excursions as per itinerary. * Supplement for June 12, Aug 7 and 21 £35 twin/£45 Single

AIRPORT DEPARTURE SUPPLEMENTS

Alternative airport departure flight availability and prices on request